# Three-dimensional electron-hole superfluidity in a superlattice close to room temperature

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Although there is strong theoretical and experimental evidence for electron-hole superfluidity in separated sheets of electrons and holes at low T, extending superfluidity to high T is limited by strong two-dimensional fluctuations and Kosterlitz-Thouless effects. We show this limitation can be overcome using a superlattice of alternating electron- and hole-doped semiconductor monolayers. The superfluid transition in a three-dimensional superlattice is not topological, and for strong electron-hole pair coupling, the transition temperature  $T_c$  can be at room temperature. As a quantitative illustration, we show  $T_c$  can reach 270 K for a superfluid in a realistic superlattice of transition metal dichalcogenide monolayers.

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It was predicted half a century ago that bound pairs of electrons and holes (excitons) in a semiconductor should quantum condense at low temperatures [1]. To prevent fast electron-hole (e-h) recombination, the electrons and holes can be confined in two spatially separated two-dimensional (2D) layers [2]. At atomically small layer separations, the attractive Coulomb interaction is strong and e-h binding energies in excess of 1000 K have been demonstrated [3]. Under appropriate conditions, these indirect excitons are predicted to form a superfluid condensate with a large energy gap [4,5]. Enhanced tunneling has been observed in e-h double bilayers [6] at transition temperatures  $T_c \sim 1$  K. Such enhancement of tunneling is a strong indication of superfluidity or Bose-Einstein condensation (BEC) [7]. A dramatic increase in  $T_c$  was recently reported with the observation of enhanced tunneling up to  $T_c \sim 100$  K in a double-monolayer transition metal dichalcogenide (TMD) heterostructure [8,9], in good agreement with recent predictions [10].

One might reasonably expect that the transition temperature could be further increased up to the limit set by the large pair binding energies ~1000 K and the large superfluid gaps  $\gg$ 300 K. However, any further increase of the transition temperature in these quasi-2D systems is blocked by the Mermin-Wagner theorem [11,12]. Thus the maximum transition temperature is not limited by the e-h binding energy or superfluid gap, but by a Berezinskii-Kosterlitz-Thouless (BKT) topological transition [13]. The transition temperature  $T^{BKT}$  is proportional to the carrier density, so it does not increase with coupling strength. Increasing  $T^{BKT}$  by increasing the density is not possible, because strong screening of the e-h Coulomb interactions at high densities kills the superfluidity [5,14]. Here, we overcome the restrictions associated with Mermin-Wagner and exploit the strong e-h coupling, by considering superfluidity in a three-dimensional (3D) superlattice, consisting of a stack of alternating electron and hole monolayers. In a 3D system, strong e-h coupling and the associated large superfluid gaps can lead to superfluid transitions at room temperature. We focus specifically on a superlattice of alternating electron-doped and hole-doped monolayers of the transition metal dichalcogenides n-WS<sub>2</sub> and p-WSe<sub>2</sub>, but the approach would work for other systems of stacked e-h 2D layers. We note there are already many examples of superlattice-based superconductors [15], including the high- $T_c$  cuprates [16,17].

Figure 1(a) schematically shows the infinite superlattice of alternating n- and p-doped monolayers of two different TMDs, indicated by green and black lines. Within each monolayer, a layer of W transition metal atoms is sandwiched between two layers of S or Se chalcogen atoms. We consider an AA stacked superlattice of WS2 and WSe2 monolayers, with the tungsten atoms horizontally aligned, and the chalcogen atoms horizontally aligned [3]. For this stacking, the superlattice has a direct band gap [18]. Electrons and holes generated by the alternate n and p doping of the monolayers form bound pairs. The  $WS_2/WSe_2$  band alignment is type II, which keeps the electrons and the holes spatially separated in their monolayers. This ensures long lifetimes for the interlayer excitons: in a related double-monolayer MoSe<sub>2</sub>/WSe<sub>2</sub> system, optically generated interlayer excitons with lifetimes  $\sim 1.8$  ns have been observed [19]. Since we consider external doping and since the spins of the lowest-energy electrons and holes are opposite (see below), the lifetimes in our system should be an order of magnitude longer than this. Radiative recombination can become relevant at high temperatures and densities, but we find, by considering the interlayer coupling to first order perturbation theory, that the optical transition matrix element for our 3D system is only 1.3 times larger

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FIG. 1. (a) Schematic illustration of the WS<sub>2</sub>/WSe<sub>2</sub> heterostructure superlattice of periodicity 2*d*, of alternating monolayers of the two different TMDs, one type *n* doped (green lines) and the other *p* doped (black lines). (b) Lowest conduction band and highest valence band of the superlattice as a function of  $k_z$ , expressed relative to the center of the *K* valley. Blue and red bands are spin-up and spindown bands, respectively. For the *K'* valley, the spins are reversed. (c) Bands predominantly associated with WS<sub>2</sub> as a function of  $k_{\parallel}$ . Inset shows a close-up of the two spin-split WS<sub>2</sub> conduction bands, separated by  $2\lambda_c = 27$  meV. (d) Bands predominantly associated with WSe<sub>2</sub> as a function of  $k_{\parallel}$ .

than that for the corresponding 2D system, thus ensuring sufficiently long exciton lifetimes.

We use a hybrid continuum tight-binding approach to determine the band structure of the superlattice. The lowenergy Hamiltonian for the superlattice is given in Eqs. (S1)-(S3) of the Supplemental Material [20]. The energy spectrum shown in Figs. 1(b)-1(d) and the corresponding eigenstates are obtained by numerically solving the eigenvalue equation of the  $4 \times 4$  Hamiltonian, Eq. (S1). For a given spin and valley quantum number, the single-particle eigenstate for energy band  $\beta$  is  $|\psi_{\vec{k},\beta}\rangle$ . For the WS<sub>2</sub> monolayer conduction band, we need consider only the lowest conduction band, with spin down (up) for the K(K') valley [see Fig. 1(c)], since the band above will start to fill only for  $T \gtrsim 300$  K. We label the corresponding superlattice band  $\beta = 1_c$ , referring to the dominant component in Eq. (S1). Similarly, for the valence band of the WSe<sub>2</sub> monolayer, the very large spin splitting means that we need consider only the highest valence band, with spin up (down) for the K(K') valley. We label the corresponding superlattice band  $\beta = 2_{\nu}$ . Because of the spin polarization in the valleys, the number of flavors for the electrons and holes comes only from the valley degeneracy,  $g_v = 2$ . Figure 1(b) shows the lowest conduction band and highest valence band of the WS<sub>2</sub>/WSe<sub>2</sub> heterostructure superlattice as a function of the perpendicular wave vector component  $k_z$ , expressed relative to the center of the K valley. Blue and red bands are spin-up and spin-down bands, respectively. For the K' valley, the spins are reversed. Figures 1(c) and 1(d) show the bands associated predominantly with WS<sub>2</sub> and WSe<sub>2</sub>, respectively, as a function of the in-plane wave vector component  $k_{\parallel}$ , again relative to the K valley.

We will evaluate the bare Coulomb interaction matrix elements  $\langle \psi_{\vec{k}',\alpha'}\psi_{\vec{k}',\beta'}|V|\psi_{\vec{k},\alpha}\psi_{\vec{k},\beta}\rangle$  for e-h scattering between the  $|\psi_{\vec{k},\beta}\rangle$  eigenstates of the superlattice, with V(r) =

 $-e^2/(4\pi\varepsilon_r\varepsilon_0 r)$ . The dielectric constant  $\varepsilon_r$  accounts for static screening effects of both ions and the filled valence bands. For bulk WS<sub>2</sub>  $\varepsilon_r = \sqrt{\varepsilon_z \varepsilon_{\parallel}} = 9.9$ , and for WSe<sub>2</sub>  $\varepsilon_r = 11.2$  [21]. In the limit of no hybridization between the different TMD types, the system would effectively consist of two decoupled bulk TMDs with an interlayer distance twice that of their normal bulk forms. It is shown in Ref. [22] that the dielectric constant of MoS<sub>2</sub> is approximately halved when the interlayer distance is doubled. For the  $WS_2/WSe_2$  superlattice, we therefore take as the value of the dielectric constant for the heterostructure superlattice  $\varepsilon_r = 5.5$ , half of the average of the two bulk TMDs. While the Keldysh potential [23] applies for monolayer TMDs, here the nature of the interactions in  $\langle \psi_{\vec{k}',\alpha'}\psi_{\vec{k}',\beta'}|V|\psi_{\vec{k},\alpha}\psi_{\vec{k},\beta}\rangle$  is 3D and the average interparticle distances for the densities we are considering are much larger than the small distance between layers.

The interaction between electrons and holes from the same type TMD monolayers is given by [24,25]

$$V^{(0)}(\boldsymbol{q}_{\parallel}, q_{z}) = \frac{-e^{2}}{4\pi\varepsilon_{r}\varepsilon_{0}NA} \frac{2\pi}{q_{\parallel}} \left[ \frac{\sinh(2q_{\parallel}d)}{\cosh(2q_{\parallel}d) - \cos(2q_{z}d)} \right]$$
(1)

(for details see discussion in the Supplemental Material [20]). Equation (1) passes between the correct 2D and 3D limits (see Fig. S1). In the limit  $d \to \infty$ , the rightmost term is equal to unity, and we recover the 2D interaction potential for *N* layers of surface area *A*. In the limit  $d \to 0$ , a Taylor expansion of the trigonometric functions transforms the rightmost term to  $2q_{\parallel}/[2d(q_{\parallel}^2 + q_z^2)]$ , thus recovering the 3D interaction potential for volume (*AN2d*).

For electrons and holes from different type TMD monolayers, we find that the interaction is

$$V^{(d)}(\boldsymbol{q}_{\parallel}, q_{z}) = \frac{-e^{2}}{4\pi\varepsilon_{r}\varepsilon_{0}NA} \frac{2\pi}{q_{\parallel}} \left[ \frac{2\sinh(q_{\parallel}d)\cos(q_{z}d)}{\cosh(2q_{\parallel}d) - \cos(2q_{z}d)} \right].$$
(2)

In the limit  $d \to 0$ , Eq. (2) reduces to the standard 3D interaction potential, while the limit  $d \to \infty$  introduces the familiar factor  $2e^{-q_{\parallel}d}$ .

When evaluating  $\langle \psi_{\vec{k}',\alpha'}\psi_{\vec{k}',\beta'}|V|\psi_{\vec{k},\alpha}\psi_{\vec{k},\beta}\rangle$ , it suffices to consider the dominant intraband interactions:  $\alpha = \alpha' = 1_c$  and  $\beta = \beta' = 2_v$  because of the large energy band gaps. For the superfluid calculations, e-h pairs with zero center-of-mass momentum are required for which the interaction is

$$\langle \psi_{-\vec{k}',\alpha=1_c} \psi_{\vec{k}',\beta=2_v} | V | \psi_{-\vec{k},\alpha=1_c} \psi_{\vec{k},\beta=2_v} \rangle$$
  
=  $F_{\vec{k},\alpha;\vec{k}',\beta}^{(H)} V^{(0)}(\boldsymbol{q}_{\parallel},q_z) + F_{\vec{k},\alpha;\vec{k}',\beta}^{(0)} V^{(d)}(\boldsymbol{q}_{\parallel},q_z),$ (3)

with  $\vec{q} = \vec{k} - \vec{k}'$ . We represent 2D vectors in the *x*-*y* space of the monolayer planes as  $\boldsymbol{k}_{\parallel}$ , and vectors in 3D space as  $\vec{k} \equiv (\mathbf{k}_{\parallel}, k_z)$ . The form factors  $F_{\vec{k},\alpha;\vec{k}',\beta}^{(H)}$  and  $F_{\vec{k},\alpha;\vec{k}',\beta}^{(0)}$  are given in Eqs. (S7) of the Supplemental Material [20].

Equation (3) expresses the property that, due to the hybridization between the bands of the different type monolayers, there is a small intralayer contribution to the e-h potential. This is because, while the electrons and holes in the hybridized bands are mostly in opposite layers, there is a small probability they will be in the same layer. At large momentum exchange  $q_{\parallel}$ , the potential is dominated by 2D interactions between same type TMDs,  $V^{(0)}(q_{\parallel}, q_z)$ , while at small  $q_{\parallel}$ , the total interaction potential in Eq. (3) is dominated by 3D interactions between different type TMDs,  $V^{(d)}(q_{\parallel}, q_z)$  (see Fig. S1 in the Supplemental Material [20]). It is interesting to note that since pairing by the screened Coulomb attraction is primarily generated by two-particle scattering processes with small momentum exchange, pair formation is 3D in character.

Our interacting Hamiltonian for electrons and holes in the superlattice is

$$\begin{aligned} \mathcal{H} &= \sum_{\vec{k}} \left( \varepsilon_{\vec{k},1_c} - \mu_e \right) c_{\vec{k},1_c}^{\dagger} c_{\vec{k},1_c} + \left( -\varepsilon_{\vec{k},2_v} - \mu_h \right) d_{\vec{k},2_v}^{\dagger} d_{\vec{k},2_v} \\ &+ \sum_{\vec{k}\vec{k}'} \psi_{-\vec{k}',1_c} \psi_{\vec{k}',2_v} | V | \psi_{-\vec{k},1_c} \psi_{\vec{k},2_v} \rangle c_{-\vec{k}',1_c}^{\dagger} d_{\vec{k}',2_v}^{\dagger} d_{\vec{k},2_v} c_{-\vec{k},1_c}. \end{aligned}$$

$$(4)$$

We make the standard transformation for the holes in the valence band to positively charged particles with positive energies, so the chemical potentials  $\mu_e$  and  $\mu_h$  in the monolayers are both positive.  $c_{\vec{k},1_c}^{\dagger}$  and  $c_{\vec{k},2_v}$  and  $d_{\vec{k},2_v}$ ) are the creation and destruction operators for the electrons (holes).

We use a self-consistent mean-field approach to determine the superfluid gap  $\Delta(\vec{k})$  at zero temperature. To calibrate this approach, it has been tested against a full diffusion quantum Monte Carlo calculation for a 2D double-layer system [26]. The results for  $\Delta(\vec{k})$  were found to be in excellent agreement.

In our 3D system, the zero-temperature  $\Delta(\vec{k})$  is the selfconsistent solution of

$$\Delta(\vec{k}) = -\sum_{\vec{k}'} V^{RPA}(\vec{k}, \vec{k}') \frac{\Delta(\vec{k}')}{2E_{\vec{k}'}},$$
(5)

where  $E_{\vec{k}} = \sqrt{\xi_{\vec{k}}^2 + \Delta_{\vec{k}}^2}$ , with  $\xi_{\vec{k}} = \frac{1}{2}(\varepsilon_{\vec{k},1_c} - \varepsilon_{\vec{k},2_v}) - \mu$ . We evaluate Eq. (5) at a fixed value of the average chemical potential  $\mu = \frac{1}{2}(\mu_e + \mu_h)$ . The terms in the summation over  $k'_{\parallel}$  are non-negligible only at low energies, but the summation over  $k'_z$  has significant contributions across the full Brillouin zone, i.e., between  $\pm \pi/2d$ .  $V^{RPA}(\vec{k}, \vec{k}')$  is the self-consistent RPA screened e-h interaction in the superlattice in the presence of the superfluid. The screening is due to the polarization of the electron and hole densities and the superfluid condensate [5]. The expression for  $V^{RPA}(\vec{k}, \vec{k}')$  is given by Eq. (S8) in the Supplemental Material [20].

For given values of the chemical potentials  $\mu_e$  and  $\mu_h$ , the 3D electron and hole densities are given by

$$n = \frac{g_v}{AN2d} \sum_{\vec{k}} (v_{\vec{k}})^2.$$
(6)

Note even though we set electron and hole densities *n* equal,  $\mu_e \neq \mu_h$  because of the unequal effective masses.

Figure 2(a) shows the zero-temperature  $\Delta^{\text{max}}$ , the maximum of the momentum-dependent superfluid gap  $\Delta(\vec{k})$ [Eq. (5)], as a function of the 3D electron and hole densities *n*. For reference the top axis shows an effective 2D carrier density, defined as  $n_{2D} = 2dn$ . At large densities, Coulomb



FIG. 2. (a) Maximum superfluid gap  $\Delta^{\text{max}}$  as a function of equal electron and hole densities *n*. Top axis shows effective 2D density  $n_{2D}$ . (b) Condensate fraction *C*.

screening suppresses the superfluidity. Below an onset density  $n_0$ , large gap superfluidity self-consistently weakens the screening sufficiently for superfluidity to appear. As the density is further decreased,  $\Delta^{\text{max}}$  increases to a maximum value of 48 meV (560 K), and then decreases. Note that even for very small values of n,  $\Delta^{\text{max}}$  remains in excess of 10 meV (120 K). These large values of  $\Delta^{\text{max}}$  reflect the strong e-h Coulomb pairing interaction. Figure 2(b) shows the condensate fraction C that determines the density range for the BCS, BCS-BEC crossover, and BEC regimes [see Eq. (S11) of the Supplemental Material [20]].

At high densities at weak coupling, the superfluid transition temperature  $T_c$  can be determined from the mean-field BCS equations, Eqs. (5) and (6), generalized to finite temperatures.

As the density is lowered, we enter the BCS-BEC crossover regime. With the increased pairing strength, the chemical potential  $\mu$  must drop below the Fermi energy  $E_F$ to keep the density fixed. This drop incorporates a large part of the effect of the fluctuations that build up as the crossover regime is penetrated. Although within the crossover regime the  $T_c$  determined from the generalized Eqs. (5) and (6) using the self-consistent  $\mu$  starts to overestimate the actual transition temperature, this overestimate is expected to be  $\lesssim 20\%$  across the full crossover regime [27,28]. For example, for ultracold fermions, the simplest non-self-consistent *t*-matrix approach overestimates the  $T_c$  obtained by quantum Monte Carlo (QMC) simulations by only  $\sim 20\%$  at unitarity in the crossover regime (Fig. 3 of Ref. [28]). In this t-matrix approach, the sole ingredient entering the  $T_c$  calculation is the renormalization of the chemical potential.

In the self-consistent screening, we retain the superfluid gap at zero T, since the pseudogap arising from the pair fluctuations should remain of the order of  $\Delta(T=0)$  in the intermediate coupling regime [29], and so to a large extent the low-lying excited states will continue to be excluded from the screening excitations, suppressing the detrimental Coulomb screening. In this way we take into account a major part of the fluctuation effects that renormalize  $T_c$  to lower values, by incorporating a large part of the fluctuations through the reduction of the chemical potential and through the development of the pseudogap.

This effective mean-field approach to determine the superfluid  $T_c$  is robust against fluctuation-driven suppression of  $T_c$ 



FIG. 3. Superfluid transition temperature  $T_c$  as a function of n, the equal electron and hole density in the superlattice. Red line:  $T_c$  determined in the BCS and BCS-BEC crossover regimes using Eqs. (5) and (6) generalized to finite temperatures. Blue line:  $T_c$  determined in the deep BEC regime using Eq. (S12) of the Supplemental Material [20]. Green line: interpolation.

arising from the strong anisotropy of the superlattice [30]. Reference [30] evaluates  $T_c$  across the BCS-BEC crossover regime for an anisotropic layered superfluid Fermi gas in an optical lattice, and includes Gaussian fluctuations beyond mean field. These fluctuations are expected to incorporate most of the suppression of  $T_c$  due to low-dimensional fluctuations in the superfluid when the dimensionality is lowered from 3D to 2D [31]. Figure 2 in Ref. [30] shows  $T_c$  in the BCS-BEC crossover regime for different values of the single-particle hopping anisotropy. It can be seen that near the maximum  $T_c$ , the regime of interest to us, a factor 10 in the anisotropy reduces  $T_c$  by less than 15%. The hopping anisotropy in our superlattice is of the order of ten, so we can conclude that the fluctuations associated with anisotropy have little effect on the  $T_c$  calculated within our effective mean-field approach described above, for the density range from the onset density to the crossover regime where our  $T_c$  passes through its maximum. It is interesting to note that we find the anisotropy of the superfluid near the optimal density is much smaller than the anisotropic ratio of the superlattice, consistent with the findings in Ref. [30].

In the deep BEC regime at low densities (C > 0.9), this method for determining  $T_c$  becomes unreliable, primarily because the pseudogap is replaced by a real gap of the order of the pair binding energy. In the deep BEC, we can approximate the e-h pairs as pointlike bosons, so we can use the  $T_c$  for BEC of noninteracting bosons [Eq. (S12) of the Supplemental Material [20]]. The  $T_c$  thus obtained is known to underestimate the actual  $T_c$  for BEC as determined by QMC [32]. Finally, in the density range from the upper boundary of the BEC regime to the start of the deep BEC, we use a smooth interpolation of  $T_c$  between the high- and low-density results. Figure 3 shows the resulting superfluid transition temperature in the superlattice. In the deep-BEC regime,  $T_c$  (blue curve) can approach 100 K, many orders of magnitude larger than the BEC transition temperatures found in ultracold-atom systems [33–35]. These BEC transition temperatures are so much larger because the effective electron and hole masses are tiny compared to atomic masses, and because our densities are several orders of magnitude larger than in ultracold-atom systems. Increasing the density causes  $T_c$  to rapidly rise, pushing it to a maximum in the BCS-BEC crossover regime (red curve) very close to room temperature,  $T_c = 270$  K conveniently accessible in a domestic refrigerator.

We do not expect that disorder or small density imbalance between layers would significantly affect our results for the following reasons. The effect of charged disorder on electronhole superfluidity is similar to that of magnetic impurities in a superconductor, and for this reason closely related to the effect of density imbalance. Our superfluid results are confined to the BEC and BCS-BEC crossover regimes, and Ref. [36] showed for electrons and holes in GaAs double quantum wells, that in these regimes the superfluidity is not very sensitive to density imbalances even of 10%. Furthermore, the recent experimental observation of condensation at high  $T_c$  in electron-hole double TMD monolayers [8] is additional evidence that the effect of disorder will be weak, particularly since these observations are consistent with our theoretical predictions for the same TMD system which were calculated with no disorder [10]. The effect of disorder on  $T_c$  is not expected to be stronger in 3D than in 2D.

While for convenience our calculations use the realistic band structure of an infinite superlattice, our conclusions remain valid for corresponding finite superlattices consisting of more than a few monolayers [37]. To detect the superfluidity, a neutral supercurrent parallel to the superlattice layers that is uniform in the perpendicular direction, could be set up in a counterflow configuration by electrically contacting together the *n*-doped layers, and similarly with the *p*-doped layers. Alternatively, a capacitance spectroscopy measurement [38] could detect the drop in density of states for the superfluid state relative to the normal state. The onset of superfluidity will be characterized by a jump in the inverse of the total capacitance across the sample [39], and then as the density is decreased, this will monotonically increase.

Our results open the way to generating 3D e-h superfluidity at room temperature in this and related superlattices.

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# SUPPLEMENTARY MATERIAL

# Three-Dimensional electron-hole superfluidity in a superlattice close to room temperature

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### S1. SUPERLATTICE HAMILTONIAN

We start with a hybrid continuum-tight binding approach to determine the band structure of the superlattice. The lowenergy single-particle Hamiltonian for this superlattice, valid in the K and K' valleys, can be written as,

$$H_{\vec{k},s,\tau} = \begin{pmatrix} H_{s,\tau}^{1}(k_{x},k_{y}) & \mathcal{T}(k_{z}) \\ T^{\dagger}(k_{z}) & H_{s,\tau}^{2}(k_{x},k_{y}) + \delta_{b}I_{2} \end{pmatrix} .$$
(S1)

The indices are  $s = \pm 1$  for spin, and  $\tau = +1$  and -1 for valley K and K', respectively. We will represent 2D vectors in the x-y space of the monolayer planes as  $\mathbf{k}_{\parallel}$ , and vectors in 3D space as  $\vec{k} \equiv (\mathbf{k}_{\parallel}, k_z)$ , with the z-direction perpendicular to the monolayers. The  $\mathbf{k}_{\parallel}$  momentum vectors are expressed relative to the center of the K or K' valley.

The Hamiltonian for the type  $\ell = 1$  (WS<sub>2</sub>) or type  $\ell = 2$  (WSe<sub>2</sub>) monolayer can be expressed for low energies in a Bloch basis, one for each type TMD monolayer, comprising the transition metal atomic orbitals for the lowest conduction band,  $d_0$ , and the highest valence band,  $d_{\pm 2}$  (the plus and minus correspond to the K and K' valley, respectively)[S1],

$$H_{s,\tau}^{\ell}(k_x,k_y) = \begin{pmatrix} \frac{E_{\ell}^g}{2} + \lambda_{c,\ell}s\tau & a_{\ell}t_{\ell}(\tau k_x - ik_y) \\ a_{\ell}t_{\ell}(\tau k_x + ik_y) & -\frac{E_{\ell}^g}{2} + \lambda_{v,\ell}s\tau \end{pmatrix}.$$
(S2)

 $a_{\ell}$  is the lattice constant of the type  $\ell$  monolayer,  $t_{\ell}$  the intralayer hopping parameter, and  $E_{\ell}^{g}$  the band gap.  $\lambda_{c,\ell}$  and  $\lambda_{v,\ell}$  are the spin-orbit coupling strengths in the conduction and valence bands. The values of these parameters are given in Table S1. These are determined by the properties of the separate TMD layers because the low-energy states are predominantly located on the transition metal atoms, and so are almost unaffected by the interlayer coupling which occurs mostly between the chalcogen atoms. In Eq. (S1), a bias potential  $\delta_b = 0.412$  eV between the two different TMDs, ensures that the band alignment agrees with Ref. S2. This bias potential is expected to remain unchanged when going from a 2D double TMD monolayer system to the 3D TMD superlattice (see Ref. S3). Furthermore, it does not affect the transition temperature for single-band superfluidity provided the band alignment remains type II, since it only leads to a relative shift of the electron-hole energy band.

In Eq. (S1),  $\mathcal{T}(k_z)$  is the interlayer part of the Hamiltonian,

$$\mathcal{T}(k_z) = \begin{pmatrix} 2t_c \cos(k_z d) & 0\\ 0 & 2t_v \cos(k_z d) \end{pmatrix} , \qquad (S3)$$

	$a~(\mathrm{nm})$	$t~(\mathrm{eV})$	$E_g$ (eV)	$2\lambda_c~(\mathrm{eV})$	$2\lambda_v \ ({\rm eV})$	$2t_v (eV)$
$WS_2$	0.32	1.37	1.79	0.027	0.43	0.109
WSe <sub>2</sub>	0.33	1.19	1.60	0.038	0.46	0.134

Table S1. Parameters for WS<sub>2</sub> and WSe<sub>2</sub>: lattice constant[S1] (a), hopping parameter[S1] (t), band gap[S1] ( $E_g$ ), spin splitting of conduction band[S5] ( $2\lambda_c$ ) and valence band[S6] ( $2\lambda_v$ ), interlayer hopping parameter[S7] ( $t_v$ ).

where d = 0.65 nm is the distance between monolayers.  $t_c$  and  $t_v$  are the interlayer hopping parameters between the conduction band  $d_0$ -states and the valence band  $d_{\pm 2}$ -states of the opposite monolayers.

For AA stacking, the interlayer nearest neighbors have the same in-plane coordinates, so the interlayer hopping between the  $d_0$ -states does not vanish. The coupling strength between the  $d_{\pm 2}$ -states is almost identical for AA and AB stacking[S4]. From bilayer MoS<sub>2</sub> we know that the coupling strength between the  $d_0$ -states is  $\sim \frac{1}{7}$  of the coupling strength between the  $d_{\pm 2}$ -states[S4]. Since the coupling strength is determined only by the type of orbitals and the spatial separation, which is the same for all TMDs, we will assume  $t_c = \frac{1}{7}t_v$ as a general relation. For TMD heterostructures, the effective hopping parameter is assumed to be given by the average value of the hopping parameters of each of the two TMDs, in general a good approximation[S4]. For our WS<sub>2</sub>/WSe<sub>2</sub> superlattice, the transition metal atoms of the TMD monolayers are the same, making this an even better approximation.

## S2. E-H INTERACTIONS: EFFECTS OF SUPERLATTICE GEOMETRY AND HYBRIDIZATION

The energy spectrum (Fig. 1 in the manuscript) and eigenstates are obtained by numerically solving the eigenvalue equation of the 4 × 4 Hamiltonian Eq. (S1). For given spin and valley quantum numbers, the single-particle eigenstate for energy band  $\beta$  is  $|\psi_{\vec{k},\beta}\rangle$ , which can be written as the fourcomponent vector,

$$|\psi_{\vec{k},\beta}\rangle = \begin{pmatrix} C_{1_{c,\beta}}^{\vec{k}} |\Phi_{\vec{k},\ell=1}\rangle \\ C_{1_{v,\beta}}^{\vec{k}} |\Phi_{\vec{k},\ell=1}\rangle \\ C_{2_{c,\beta}}^{\vec{k}} |\Phi_{\vec{k},\ell=2}\rangle \\ C_{2_{v,\beta}}^{\vec{k}} |\Phi_{\vec{k},\ell=2}\rangle \end{pmatrix} .$$
(S4)



Figure S1. (Color online) Solid blue curve: Intralayer interaction potential  $V^{(0)}(\boldsymbol{q}_{\parallel}, q_z = 0)$  (Eq. (1) in the main manuscript) as a function of  $\boldsymbol{q}_{\parallel}$ . Solid red curve: interlayer interaction potential  $V^{(d)}(\boldsymbol{q}_{\parallel}, q_z = 0)$  (Eq. (2) in the main manuscript). Dashed blue curve: 2D intralayer interaction potential ( $\propto 1/q_{\parallel}$ ). Dashed red curve: 2D interlayer interaction potential ( $\propto 2e^{-q_{\parallel}d}/q_{\parallel}$ ). Dotted purple curve: 3D interaction potential ( $\propto 1/q_{\parallel}^2$ ).

The different pseudospin states  $|\Phi_{\vec{k},\ell}\rangle$  are defined below. The weighting coefficients  $C_{i,\beta}^{\vec{k}}$  include both the effects of interlayer hopping generated by  $\mathcal{T}(k_z)$ , and the hybridization of the conduction and valence bands. We may assume the continuum approximation for the dispersion of the bands in the parallel direction at low energies, but in the z-direction, with its small band widths, all  $k_z$ -values in the first Brillouin zone must be considered.

Since the influence of the interlayer hopping on the energy bands is small because of the energy mismatch between the bands of the different TMDs, we can write,

$$\langle \vec{r} | \Phi_{\vec{k},\ell} \rangle = \frac{1}{\sqrt{NA}} e^{i\mathbf{k}_{\parallel} \cdot \mathbf{r}_{\parallel}} \sum_{j=-N/2}^{N/2} \delta^{1/2} (z - j2d - z_{\ell}d) e^{i(2j + z_{\ell})k_{z}d}$$
(S5)

with N the number of TMD heterostructures and  $z_{\ell=1} = 0$ ( $z_{\ell=2} = 1$ ) representing the relative position in the z-direction of each WS<sub>2</sub> (WSe<sub>2</sub>) monolayer in the superlattice.

The matrix element of the interaction potential between these states is given by

$$\begin{split} \langle \Phi_{\vec{\kappa}',\ell_{2}'} \Phi_{\vec{k}',\ell_{1}'} | V | \Phi_{\vec{\kappa},\ell_{2}} \Phi_{\vec{k},\ell_{1}} \rangle = \\ & - \delta_{\ell_{1},l_{1}'} \delta_{\ell_{2},l_{2}'} \delta_{\vec{k}+\vec{\kappa},\vec{k}'+\vec{\kappa}'} \left[ \frac{e^{2}}{4\pi\varepsilon_{r}\varepsilon_{0}NA} \frac{2\pi}{q_{\parallel}} \right] \times \\ & \sum_{w=-N}^{N} e^{i(2w-z_{\ell_{1}}+z_{\ell_{2}})q_{z}d} e^{-|2w-z_{\ell_{1}}+z_{\ell_{2}}|q_{\parallel}d} , \end{split}$$
(S6)

with  $\vec{q} = \vec{k} - \vec{k'} = \vec{\kappa'} - \vec{\kappa}$ . The factor  $\delta_{\ell_1,\ell'_1} \delta_{\ell_2,\ell'_2}$  confines the electrons and holes to their original monolayers when they scatter. For  $N \to \infty$  the summation leads to  $V^{(0)}$ , Eq. (1) in the manuscript for  $\ell_1 = \ell_2$ , i.e. between same type TMD monolayers, and to  $V^{(d)}$ , Eq. (2) for  $\ell_1 \neq \ell_2$ , i.e. between different type TMD monolayers. These interaction potentials are shown in Fig. S1.

Evaluating the interaction potential between the eigenstates of Eq. (S4) leads to Eq. (3) in the manuscript. The form factors appearing in this equation are given by,

$$F_{\vec{k},\alpha;\vec{k}',\beta}^{(0)} = C_{\vec{k},\vec{k}'}^{1,\alpha} C_{\vec{k},\vec{k}'}^{2,\beta} + C_{\vec{k},\vec{k}'}^{2,\alpha} C_{\vec{k},\vec{k}'}^{1,\beta} , F_{\vec{k},\alpha;\vec{k}',\beta}^{(H)} = C_{\vec{k},\vec{k}'}^{1,\alpha} C_{\vec{k},\vec{k}'}^{1,\beta} + C_{\vec{k},\vec{k}'}^{2,\alpha} C_{\vec{k},\vec{k}'}^{2,\beta} ,$$
(S7)

with  $C_{\vec{k},\vec{k}'}^{\ell,\alpha} \equiv \sum_{j=c,v} (C_{\ell_j,\alpha}^{\vec{k}'})^* C_{\ell_j,\alpha}^{\vec{k}}$ . From Eq. (S7), we can see for  $\alpha = 1_c$  and  $\beta = 2_v$ , that  $F_{\vec{k},\alpha;\vec{k}',\beta}^{(0)}$  will be large, and that the hybridized  $F_{\vec{k},\alpha;\vec{k}',\beta}^{(H)}$  will be small.

#### S3. RPA SCREENING IN THE SUPERLATTICE IN THE PRESENCE OF THE SUPERFLUID

 $V^{RPA}(\vec{k},\vec{k'})$ , appearing in Eq. (5) in the manuscript, is the self-consistent RPA screened e-h interaction in the superlattice in the presence of the superfluid. The screening is due to the polarization of the electron and hole densities and the superfluid condensate[S8]. It is given by,

$$V^{RPA}(\vec{k},\vec{k}') = \frac{F^{(0)}_{\vec{k},\alpha=1_c;\vec{k}',\beta=2_v}V^{(d)}(\vec{q}) + F^{(H)}_{\vec{k},\alpha=1_c;\vec{k}',\beta=2_v}V^{(0)}(\vec{q})}{1 + 2V^{(0)}(\vec{q})\left[\Pi^{(0)}_n(\vec{q}) + \Pi^{(H)}_a(\vec{q})\right] + 2V^{(d)}(\vec{q})\left[\Pi^{(H)}_n(\vec{q}) + \Pi^{(0)}_a(\vec{q})\right]},$$
(S8)

with  $\vec{q} = \vec{k} - \vec{k'}$ . The presence of the superfluid strongly affects the  $\Pi$  polarization functions[S8] in Eq. (S8), which for the superlattice are defined as,

$$\Pi_{n}^{(\lambda)}(\vec{q}) = -g_{v} \sum_{\vec{k}} \frac{F_{\vec{k}+\vec{q},\alpha=1_{c};\vec{k},\beta=2_{v}}^{(\lambda)}}{E_{\vec{k}+\vec{q}} + E_{\vec{k}}} \left\{ \left( u_{\vec{k}+\vec{q}}v_{\vec{k}} \right)^{2} + \left( u_{\vec{k}}v_{\vec{k}+\vec{q}} \right)^{2} \right\}$$
(S9)

$$\Pi_{a}^{(\lambda)}(\vec{q}) = g_{v} \sum_{\vec{k}} \frac{F_{\vec{k}+\vec{q},\alpha=1_{c};\vec{k},\beta=2_{v}}^{(\lambda)}}{E_{\vec{k}+\vec{q}} + E_{\vec{k}}} \left\{ 2u_{\vec{k}+\vec{q}}v_{\vec{k}}u_{\vec{k}}v_{\vec{k}+\vec{q}} \right\},\tag{S10}$$

where  $(\lambda) = (0), (H)$  (recall Eq. (S7)). The Bogoliubov amplitudes are  $u_{\vec{k}}^2 = \frac{1}{2} \left(1 + \xi_{\vec{k}}/E_{\vec{k}}\right)$  and  $v_{\vec{k}}^2 = \frac{1}{2} \left(1 - \xi_{\vec{k}}/E_{\vec{k}}\right)$ .

#### **S4. CONDENSATE FRACTION**

The condensate fraction,

$$C = \frac{\sum_{\vec{k}} (u_{\vec{k}} v_{\vec{k}})^2}{\sum_{\vec{k}} (v_{\vec{k}})^2} , \qquad (S11)$$

measures the fraction of carriers in the condensate[S9–S12]. C characterizes the different regimes of pairing in ultra-cold fermions[S13], and we apply the same criterion: in the BCS regime C < 0.2, with only a small fraction of the electrons and holes close to the Fermi surface forming pairs and condensing; 0.2 < C < 0.8 characterizes the BCS-BEC crossover regime; in the BEC regime C > 0.8, and most carriers have formed

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bosonic pairs and condensed; in the deep BEC regime, C > 0.9, the condensed bosonic pairs are compact and very weakly interacting, and there are almost no free carriers.

## S5. $T_c$ FOR BEC OF NON-INTERACTING BOSONS

The  $T_c$  for Bose-Einstein Condensation of non-interacting bosons is determined by inverting the equation[S14],

$$n = \frac{2}{AN2d} \sum_{\vec{k}} \frac{1}{e^{\left(\varepsilon_{\vec{k},1_c} - \varepsilon_{\vec{k},2_v} - \varepsilon_{\vec{0},1_c} + \varepsilon_{\vec{0},2_v}\right)/(k_B T_c)} - 1}}$$
(S12)

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